



WHO WE ARE

Mindful Health consists of three unique yet aligned brands with multiple 8-figures in revenue. Those brands consist of...



Fit Rise shows people how to integrate healing foods, healing movement, and a healing mindset into their lives so they can live in a body they love.



Earth Echo Foods creates organic, ethically sourced healing superfoods that customers can enjoy daily to improve their health while honoring Mother Earth.



The Danette May brand bridges ancient healing with modern day science to help millions Rise up into their fullest, truest expressions of themselves.

WHAT WE BELIEVE

We believe that healing foods, healing movement, and a healing mindset build the foundation which empowers people to Rise up into their truest, fullest expression. By transforming the “muck” of their lives into inner motivation, it allows them to step into radical self love and live out their life’s purpose.

THE POWER OF OUR COMMUNITY

Our tight knit community consists of millions of hardworking, driven, personal development focused women touching practically every corner of the Earth. Below is just a sample of what we’ve been able to accomplish together...

- 1.5MM email list
- \$2.1MM paid in commissions to our amazing affiliates.
- 1.6MM paying customers
- Social media reach of nearly 150MM views combined.
- 2.3MM social following
- Inc 500 #48 fastest growing company in America.

LET’S WORK TOGETHER

We’re out to change the way people think about health, healing, and personal growth. If you feel called to this mission and have a similar company, please contact us to see how we can collaborate!

✉ press@danettemay.com