



America's Leading Healthy Lifestyle Expert

ABOUT DANETTE

The Mission

Danette is the co-founder of Mindful Health and Earth Echo Foods. Danette is a sought after VIP coach for leaders and celebrities, a renowned speaker and best selling author of 7 books, including The Rise. Danette has over 500 Million views on her motivational videos across all her brands. She is on a mission for each individual to understand their unlimited potential & show up in their divine gifts.



FEATURED BY

Danette has been featured by the following:

SELF

THE HUFFINGTON POST

CBS Los Angeles





Women'sHealth

LET'S TALK SOCIAL

America's Leading Healthy Lifestyle Expert

For nearly a decade Danette May, founder of The Rise Movement, has inspired millions of people around the world to step up into the truest and fullest expression of themselves.



1.8MM

Facebook Followers

visit facebook



130K+

Instagram Followers

visit instagram



5MM

YouTube Views

visit youtube

THE RISE

The Rise Book #1 Bestseller

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Self-love is both courageous and admirable.



EMBRACE ABUNDANCE

Embrace Abundance Book
Launches September 14th, 2021

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The world we create inside ourselves will be the reflection we see externally.



HAPPY CLIENTS

Caroline Renaud

"I have gained self-confidence and self-worth, massive energy and will power. I've learned to truly love and respect myself and to live my life to the full and so much more... the list is long! I am forever grateful to Danette May."

Tina Paulus-Krause

"I've spent the last several years on a personal discovery journey and it's been the most amazing and transformational thing I've ever done.

Danette's programs gave me a systematic approach to figure it out, all in a loving and judgement free safe zone filled with a community of sisters who share it all with each other. So much love and massive gratitude to Danette and the TRIBE!"

FIT RISE 365

Members

Tens of thousands of lives changed and counting

Programs & Challenges

1 Day Detox

3 Day Detox

3 Day Meal Plan

6 Week Coaching

7 Day Jumpstart

30 Day Booty Camp

30 Day Challenge

Bikini Body Detox

Fat Burning Recipes

Booty & Thigh Challenge

Flat Abs Fast DVD

Gut Health Challenge

Premium Coaching





Bolded titles are our most popular programs

EARTH ECHO

Our Mission

We believe we are made for more, because when you feel good, you do good. As caretakers of the planet, we sustainably source only the best organic, non-GMO ingredients.

Why We Do What We Do

Our goal is to transform people's physical, mental, emotional, and spiritual lives by focusing on healing foods, movements, & mindsets. We're here to empower you to transform your bodies and minds so you can love the life you live.

What

A line of natural, sustainably-sourced superfood supplements that help you awaken your innate superpowers.

Why

We are made for more.



SPEAKING TOPICS

Speaking Topics

How To Become A Creator of Abundance In Your Life.

Healing Foods With Up Affect — More Happiness

3 Rituals For Peace & Purpose

How to Build an Empire...and Be an Amazing Mom!

Faith, Intuition and Partnership

40 days to Better Relationships, Increased Health & Prosperity

You Were Made For More — Manifest the Career of Your Dreams



VIDEOS





WHAT'S COMING IN 2021

Goals

2021 will be our best year yet! We have a lot planned and are so excited about our endeavors.



Embrace Abundance Book



The Danette May Podcast



New, Heart-Centered Programs

LET'S CONNECT

Contact

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Visit Our Site

www.danettemay.com

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You were born for these times. Don't look away.
Don't get lost in the fire.
Stand steadfast. Show up in love & curiosity.