

EMBRACE ABUNDANCE- BEING PREPARED FOR CHAOS

PREPARATION

You can be chaos ready, not Chaos Proof.

What can you do to mitigate unforeseen chaos in your life?

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Does your family have an action plan of where to meet and what to bring in times of unforeseen chaos?

Meeting place:

What to bring:

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ACTION

What do you DO when chaos hits?

Role play in your mind what action steps would need to happen to avoid even more chaos.

What creative actions can you take versus being a victim?

BE

Who are you being in moments of Chaos? Are you solution focused?

Role play in your mind who you need to BE in moments of chaos.

ADJUST

How can you use Chaos to your advantage?

What improvements are you going to make?

When a moment of chaos is over, its great to take inventory of what could have gone better or what changes need to be implemented so you are even more prepared for a future scenario.

- What changes could be made?
- What did we do well?
- What can we improve on?