



## WHO WE ARE

Mindful Health consists of three unique yet aligned brands with multiple 8-figures in revenue. Those brands consist of...

### FIT RISE



Fit Rise shows people how to integrate healing foods, healing movement, and a healing mindset into their lives so they can live in a body they love.

### iRISE ORGANICS



iRise Organics creates organic, healing superfoods that customers can enjoy daily to improve their health on an energetic level.

### DANETTE MAY



The Danette May brand bridges ancient healing with modern day science to help millions Rise up into their fullest, truest expressions of themselves.

## WHAT WE BELIEVE

We believe that healing foods, healing movement, and a healing mindset build the foundation which empowers people to Rise up into their truest, fullest expression. By transforming the “muck” of their lives into inner motivation, it allows them to step into radical self love and live out their life’s purpose.

## THE POWER OF OUR COMMUNITY

Our tight knit community consists of millions of hardworking, driven, personal development focused women touching practically every corner of the Earth. Below is just a sample of what we’ve been able to accomplish together...

- 1.7MM email list
- Over 1 million paying customers
- 1.8MM social following
- \$1.8MM+ paid in commissions to our amazing affiliates.
- Social media reach of nearly 150MM views combined.
- Inc 500 #48 fastest growing company in America.

We’re out to change the way people think about health, healing, and personal growth. If you feel called to this mission and have a similar company, please contact us to see how we can collaborate!

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